



**The 2017 VA/DoD Clinical Practice Guideline for the Management of
Posttraumatic Stress Disorder and Acute Stress Disorder - A Revised Framework
to Assess and Treat Patients
Dec. 14, 2017**

Webinar Resources

The American Psychological Association developed the [Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder in Adults \(2017\)](#) to provide recommendations on psychological and pharmacological treatments for posttraumatic stress disorder (PTSD) in adults. The guideline was developed by a panel consisting of different health care professionals and community members. The recommendations were based on the strength of evidence, treatment outcomes, patient values and preferences, and applicability of the evidence to various treatment populations.

Despite the wide array of pharmacological and nonpharmacological treatments available for patients suffering from PTSD, many are still not receiving existing evidence-based, short-term, low-cost treatments. [Challenges and Successes in Dissemination of Evidence-Based Treatments for Posttraumatic Stress: Lessons Learned from Prolonged Exposure Therapy for PTSD](#) presented different methods for disseminating various treatment information, including successes, barriers, and challenges involved in promoting the adoption of evidence-based treatments in established and non-established mental health systems.

Additional supporting references:

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