



Prevalence of Mental Health Conditions among Active Duty Service Members from 2014-2016: By State

Year 2016

State	Overall Mental Health Conditions	Adjustment Disorders Prevalence	Alcohol Use Disorders Prevalence	Anxiety Disorders Prevalence	Depression Prevalence	Insomnia Prevalence	PTSD Prevalence	Substance Use Disorders Prevalence
Alaska	13.8%	7.0%	1.6%	3.1%	3.1%	4.3%	2.3%	0.4%
Alabama	14.3%	5.6%	0.7%	5.3%	4.4%	3.9%	3.8%	Suppressed
Arkansas	10.7%	3.8%	0.8%	3.7%	3.2%	2.1%	1.8%	Suppressed
Arizona	11.3%	4.9%	1.2%	4.0%	3.7%	2.2%	1.8%	0.2%
California	10.2%	4.8%	1.7%	3.4%	3.4%	1.9%	1.7%	0.2%
Colorado	14.0%	6.8%	2.0%	4.5%	4.0%	3.2%	2.1%	0.5%
Connecticut	8.7%	4.0%	1.8%	2.1%	2.6%	1.2%	1.5%	Suppressed
District of Columbia	9.8%	3.9%	0.7%	3.4%	3.1%	2.0%	1.7%	Suppressed
Delaware	9.7%	4.5%	0.8%	3.3%	3.2%	1.7%	1.7%	Suppressed
Florida	10.2%	4.5%	1.1%	3.2%	3.3%	2.1%	1.6%	0.2%
Georgia	17.5%	9.0%	1.6%	5.9%	5.2%	4.4%	3.3%	0.5%
Hawaii	12.5%	6.6%	1.5%	3.4%	3.2%	2.9%	2.1%	0.3%
Iowa	9.9%	4.5%	Suppressed	3.4%	3.5%	0.9%	2.2%	Suppressed
Idaho	10.0%	3.0%	1.3%	3.3%	3.2%	1.4%	1.4%	Suppressed
Illinois	22.3%	9.0%	1.1%	6.6%	7.8%	2.0%	2.7%	0.2%
Indiana	12.0%	4.4%	0.8%	4.2%	4.0%	1.5%	3.1%	Suppressed
Kansas	15.6%	7.8%	2.4%	5.0%	4.6%	4.5%	2.2%	0.7%
Kentucky	15.4%	7.3%	2.1%	4.8%	5.1%	3.9%	3.0%	0.5%
Louisiana	15.6%	6.4%	1.8%	5.7%	5.8%	5.0%	2.6%	0.4%
Massachusetts	11.7%	4.3%	1.0%	4.0%	5.0%	1.6%	3.5%	Suppressed
Maryland	14.0%	6.8%	1.2%	4.7%	5.1%	3.0%	2.5%	0.2%

State	Overall Mental Health Conditions	Adjustment Disorders Prevalence	Alcohol Use Disorders Prevalence	Anxiety Disorders Prevalence	Depression Prevalence	Insomnia Prevalence	PTSD Prevalence	Substance Use Disorders Prevalence
Maine	6.9%	2.4%	Suppressed	2.8%	Suppressed	Suppressed	2.0%	Suppressed
Michigan	11.5%	4.3%	0.9%	4.1%	4.1%	1.3%	2.7%	Suppressed
Minnesota	10.3%	4.4%	1.1%	3.8%	3.4%	1.0%	1.7%	Suppressed
Missouri	17.7%	9.9%	1.3%	6.0%	4.6%	3.1%	2.7%	0.4%
Mississippi	10.2%	5.1%	1.1%	3.1%	3.1%	1.5%	1.6%	0.2%
Montana	9.2%	4.2%	0.7%	2.4%	2.2%	1.2%	1.4%	Suppressed
North Carolina	10.9%	4.4%	1.8%	3.7%	3.4%	3.2%	1.6%	0.4%
North Dakota	8.1%	3.3%	0.8%	2.3%	2.7%	0.9%	0.9%	Suppressed
Nebraska	9.4%	4.0%	0.7%	2.8%	2.3%	2.0%	1.2%	Suppressed
New Hampshire	7.8%	3.1%	1.1%	2.3%	2.7%	1.2%	1.4%	Suppressed
New Jersey	12.2%	4.5%	0.9%	4.1%	4.0%	1.6%	2.5%	0.4%
New Mexico	10.8%	5.1%	1.1%	3.2%	3.4%	1.8%	1.3%	Suppressed
Nevada	12.0%	5.1%	0.7%	3.0%	2.9%	3.7%	1.5%	Suppressed
New York	12.7%	7.1%	1.8%	3.3%	3.6%	2.7%	2.1%	0.4%
Ohio	11.3%	4.6%	0.7%	3.9%	4.1%	1.9%	1.7%	Suppressed
Oklahoma	17.3%	9.4%	1.7%	4.8%	5.1%	4.3%	3.5%	0.5%
Oregon	11.4%	4.1%	0.9%	3.6%	3.8%	1.7%	2.5%	Suppressed
Pennsylvania	10.9%	4.5%	0.8%	3.8%	3.3%	1.5%	2.3%	0.3%
Rhode Island	9.1%	2.7%	0.7%	3.4%	3.6%	2.1%	2.2%	Suppressed
South Carolina	15.6%	7.5%	1.2%	4.7%	5.5%	2.4%	2.5%	0.2%
South Dakota	11.1%	6.1%	1.2%	3.2%	3.0%	1.7%	1.3%	Suppressed
Tennessee	14.3%	5.8%	1.2%	5.0%	4.9%	2.8%	3.7%	Suppressed
Texas	19.0%	10.3%	2.4%	5.6%	5.3%	5.8%	4.2%	0.7%
Utah	13.5%	5.3%	1.2%	5.9%	4.7%	2.2%	2.3%	Suppressed
Virginia	11.8%	6.0%	1.6%	3.8%	3.8%	2.3%	1.7%	0.3%
Vermont	9.2%	4.2%	Suppressed	3.0%	Suppressed	Suppressed	Suppressed	Suppressed
Washington	13.1%	6.5%	1.9%	3.2%	3.0%	3.3%	1.9%	0.3%
Wisconsin	11.3%	3.8%	1.2%	4.4%	3.7%	1.3%	3.3%	Suppressed
West Virginia	9.2%	2.9%	Suppressed	3.4%	3.3%	1.3%	2.1%	Suppressed
Wyoming	11.5%	6.6%	0.8%	3.1%	3.4%	3.4%	1.8%	Suppressed

“Suppressed” cells indicate that there were fewer than 20 cases in that state for that condition in the year of interest.

Year 2015

State	Overall Mental Health Conditions	Adjustment Disorders Prevalence	Alcohol Use Disorders Prevalence	Anxiety Disorders Prevalence	Depression Prevalence	Insomnia Prevalence	PTSD Prevalence	Substance Use Disorders Prevalence
Alaska	14.1%	7.1%	1.6%	3.8%	4.2%	4.2%	2.7%	0.4%
Alabama	14.1%	5.5%	0.8%	5.6%	4.7%	3.2%	3.9%	Suppressed
Arkansas	11.7%	4.4%	0.7%	4.3%	3.6%	2.2%	1.9%	Suppressed
Arizona	11.0%	4.3%	1.1%	3.8%	3.8%	1.9%	1.7%	0.2%
California	9.5%	4.2%	1.6%	3.2%	3.3%	1.7%	1.7%	0.3%
Colorado	13.8%	6.6%	1.8%	4.6%	4.2%	2.8%	2.1%	0.5%
Connecticut	9.3%	4.6%	1.9%	2.5%	3.1%	1.4%	1.3%	Suppressed
District of Columbia	9.0%	3.4%	0.6%	3.4%	3.1%	1.8%	1.7%	0.1%
Delaware	10.2%	4.5%	1.0%	3.9%	3.9%	1.4%	1.9%	Suppressed
Florida	9.5%	4.0%	1.1%	3.0%	3.3%	1.7%	1.6%	0.3%
Georgia	17.4%	8.8%	1.6%	6.2%	5.6%	3.8%	3.6%	0.4%
Hawaii	11.6%	5.8%	1.2%	3.7%	3.3%	2.7%	2.0%	0.2%
Iowa	10.8%	4.8%	Suppressed	3.8%	4.0%	Suppressed	1.9%	Suppressed
Idaho	9.6%	3.2%	1.4%	2.6%	3.3%	1.2%	1.6%	Suppressed
Illinois	19.9%	7.7%	1.1%	6.0%	7.7%	1.8%	2.6%	0.2%
Indiana	13.1%	4.7%	0.9%	4.1%	4.8%	2.2%	3.9%	Suppressed
Kansas	15.9%	8.1%	2.4%	5.1%	4.5%	4.1%	2.2%	0.6%
Kentucky	15.6%	7.5%	2.0%	5.2%	5.6%	3.3%	3.2%	0.5%
Louisiana	15.7%	7.0%	1.5%	6.7%	6.1%	3.7%	2.5%	0.4%
Massachusetts	12.4%	4.3%	1.4%	4.9%	5.2%	1.7%	3.5%	Suppressed
Maryland	13.5%	6.5%	1.2%	4.8%	5.2%	2.9%	2.5%	0.4%
Maine	9.2%	3.8%	Suppressed	3.3%	2.8%	Suppressed	2.5%	Suppressed
Michigan	12.8%	4.5%	0.9%	3.8%	5.0%	1.4%	3.0%	Suppressed
Minnesota	10.9%	5.1%	0.8%	3.9%	4.2%	1.2%	2.0%	Suppressed
Missouri	15.6%	7.9%	1.0%	6.3%	4.9%	3.0%	2.6%	0.3%
Mississippi	9.9%	4.8%	0.9%	3.1%	3.0%	1.3%	1.6%	0.2%
Montana	8.9%	3.7%	0.8%	2.0%	3.2%	1.3%	1.3%	Suppressed
North Carolina	10.5%	4.3%	1.6%	3.7%	3.6%	2.5%	1.6%	0.3%

State	Overall Mental Health Conditions	Adjustment Disorders Prevalence	Alcohol Use Disorders Prevalence	Anxiety Disorders Prevalence	Depression Prevalence	Insomnia Prevalence	PTSD Prevalence	Substance Use Disorders Prevalence
North Dakota	7.5%	2.8%	0.9%	2.2%	2.6%	0.9%	0.9%	Suppressed
Nebraska	8.9%	3.8%	0.6%	2.9%	2.8%	1.7%	1.2%	Suppressed
New Hampshire	6.5%	2.5%	Suppressed	1.8%	2.1%	Suppressed	1.5%	Suppressed
New Jersey	10.1%	3.1%	0.8%	3.6%	3.6%	1.0%	2.3%	Suppressed
New Mexico	10.6%	5.1%	1.0%	3.3%	3.7%	1.5%	1.3%	Suppressed
Nevada	12.8%	5.1%	1.2%	3.4%	3.5%	4.1%	1.4%	0.3%
New York	13.4%	8.2%	1.8%	3.9%	3.8%	2.5%	2.4%	0.5%
Ohio	11.5%	4.5%	0.9%	4.0%	4.1%	1.9%	2.0%	Suppressed
Oklahoma	16.9%	8.8%	1.8%	5.2%	6.0%	3.5%	3.6%	0.6%
Oregon	10.9%	3.9%	0.9%	4.0%	3.8%	1.2%	2.0%	Suppressed
Pennsylvania	10.7%	4.2%	1.1%	3.9%	3.8%	1.6%	2.2%	Suppressed
Rhode Island	8.5%	2.5%	0.8%	3.5%	3.2%	1.7%	1.8%	Suppressed
South Carolina	15.1%	6.7%	1.4%	4.8%	5.7%	2.5%	2.5%	0.3%
South Dakota	11.4%	6.4%	1.0%	3.0%	3.4%	1.6%	1.4%	Suppressed
Tennessee	11.3%	4.4%	0.7%	3.6%	4.2%	1.4%	3.0%	Suppressed
Texas	19.5%	9.9%	2.4%	6.4%	6.5%	5.1%	4.7%	0.9%
Utah	13.3%	4.8%	1.0%	5.6%	4.4%	1.9%	2.1%	Suppressed
Virginia	11.3%	5.4%	1.7%	3.7%	4.0%	1.8%	1.7%	0.4%
Vermont	6.9%	3.1%	Suppressed	Suppressed	2.4%	Suppressed	Suppressed	Suppressed
Washington	13.2%	6.2%	1.8%	3.8%	3.4%	3.1%	2.0%	0.3%
Wisconsin	11.8%	4.2%	1.0%	4.4%	4.3%	1.3%	3.2%	Suppressed
West Virginia	9.4%	3.0%	Suppressed	3.3%	3.2%	1.1%	2.2%	Suppressed
Wyoming	10.0%	4.2%	0.8%	2.8%	3.6%	1.9%	1.1%	Suppressed

“Suppressed” cells indicate that there were fewer than 20 cases in that state for that condition in the year of interest.

Year 2014

State	Overall Mental Health Conditions	Adjustment Disorders Prevalence	Alcohol Use Disorders Prevalence	Anxiety Disorders Prevalence	Depression Prevalence	Insomnia Prevalence	PTSD Prevalence	Substance Use Disorders Prevalence
Alaska	14.3%	7.0%	1.4%	4.1%	4.3%	4.4%	3.5%	0.3%
Alabama	13.6%	5.6%	0.5%	5.0%	4.6%	2.2%	3.8%	Suppressed
Arkansas	11.5%	4.4%	0.8%	4.1%	3.6%	2.0%	2.1%	Suppressed
Arizona	11.0%	4.4%	1.3%	3.4%	3.7%	1.7%	1.5%	0.3%
California	9.6%	4.2%	1.7%	3.1%	3.3%	1.6%	1.8%	0.3%
Colorado	13.8%	6.3%	2.1%	4.7%	4.3%	3.2%	2.0%	0.6%
Connecticut	9.6%	4.9%	2.2%	2.7%	3.2%	1.6%	1.3%	Suppressed
District of Columbia	8.8%	2.9%	0.7%	3.5%	3.4%	1.8%	1.6%	0.2%
Delaware	12.3%	6.1%	1.0%	4.2%	4.1%	1.6%	1.6%	Suppressed
Florida	9.5%	3.7%	1.2%	3.0%	3.1%	1.6%	1.5%	0.2%
Georgia	17.6%	8.3%	1.7%	6.1%	5.7%	3.7%	3.7%	0.6%
Hawaii	11.4%	5.4%	1.4%	3.8%	3.3%	2.5%	1.9%	0.3%
Iowa	10.3%	4.8%	Suppressed	3.0%	3.3%	0.9%	1.9%	Suppressed
Idaho	10.9%	4.8%	1.7%	3.2%	2.9%	1.3%	1.4%	Suppressed
Illinois	16.2%	5.5%	1.1%	5.1%	6.7%	1.6%	2.4%	0.3%
Indiana	12.8%	4.5%	1.0%	4.2%	4.5%	2.1%	3.9%	Suppressed
Kansas	16.5%	9.3%	2.3%	5.0%	4.9%	3.9%	2.4%	0.6%
Kentucky	16.2%	7.4%	2.2%	5.2%	6.1%	3.4%	3.6%	0.7%
Louisiana	16.2%	7.3%	1.4%	6.1%	5.9%	3.4%	2.3%	0.4%
Massachusetts	12.9%	4.6%	1.0%	5.3%	5.7%	1.6%	3.3%	Suppressed
Maryland	13.4%	5.5%	1.2%	4.7%	5.4%	3.2%	2.4%	0.5%
Maine	9.8%	2.6%	Suppressed	3.0%	3.9%	Suppressed	2.2%	Suppressed
Michigan	13.6%	5.1%	0.9%	4.2%	4.9%	1.6%	3.1%	Suppressed
Minnesota	11.3%	5.3%	0.7%	4.2%	4.3%	0.8%	2.0%	Suppressed
Missouri	15.3%	6.6%	1.1%	5.9%	5.0%	3.0%	2.7%	0.3%
Mississippi	10.9%	4.6%	1.1%	3.7%	3.7%	1.9%	2.0%	0.2%
Montana	9.2%	4.0%	0.8%	2.4%	3.2%	1.8%	1.3%	Suppressed
North Carolina	11.3%	4.9%	1.8%	3.7%	3.6%	2.5%	1.8%	0.4%

State	Overall Mental Health Conditions	Adjustment Disorders Prevalence	Alcohol Use Disorders Prevalence	Anxiety Disorders Prevalence	Depression Prevalence	Insomnia Prevalence	PTSD Prevalence	Substance Use Disorders Prevalence
North Dakota	7.0%	2.6%	0.8%	2.0%	2.2%	0.9%	0.7%	Suppressed
Nebraska	8.5%	3.7%	0.7%	2.6%	2.5%	1.8%	1.0%	Suppressed
New Hampshire	7.4%	2.5%	1.3%	1.7%	2.3%	Suppressed	1.5%	Suppressed
New Jersey	9.4%	3.4%	0.8%	3.5%	3.5%	1.1%	2.1%	0.2%
New Mexico	11.6%	5.1%	1.3%	3.7%	4.1%	2.3%	1.9%	0.2%
Nevada	10.6%	4.0%	1.1%	2.7%	3.3%	2.9%	1.4%	Suppressed
New York	14.3%	8.7%	1.9%	4.0%	3.9%	2.2%	2.9%	0.6%
Ohio	11.7%	4.1%	0.8%	4.1%	4.1%	2.5%	2.0%	0.2%
Oklahoma	17.4%	8.1%	1.7%	5.0%	6.4%	4.1%	3.7%	0.8%
Oregon	10.9%	4.1%	1.0%	2.4%	3.6%	1.4%	2.4%	Suppressed
Pennsylvania	10.6%	4.3%	0.7%	3.8%	3.9%	1.6%	2.3%	0.2%
Rhode Island	7.9%	2.7%	0.6%	3.1%	3.2%	1.4%	1.7%	Suppressed
South Carolina	14.9%	6.5%	1.4%	4.9%	5.4%	2.3%	2.6%	0.3%
South Dakota	12.1%	6.0%	1.2%	3.3%	3.5%	1.9%	1.5%	Suppressed
Tennessee	12.3%	4.5%	0.9%	4.1%	4.1%	2.0%	3.2%	Suppressed
Texas	19.4%	9.5%	2.4%	6.1%	6.7%	5.0%	5.1%	0.9%
Utah	13.5%	5.3%	1.1%	4.7%	4.8%	1.8%	2.4%	Suppressed
Virginia	10.7%	4.5%	1.7%	3.7%	4.0%	1.6%	1.6%	0.4%
Vermont	8.3%	4.2%	Suppressed	2.5%	Suppressed	Suppressed	Suppressed	Suppressed
Washington	13.7%	6.5%	1.9%	3.7%	3.5%	3.1%	2.1%	0.5%
Wisconsin	10.1%	3.5%	0.8%	4.0%	3.6%	1.1%	2.3%	Suppressed
West Virginia	10.6%	3.3%	Suppressed	3.3%	4.2%	1.0%	2.3%	Suppressed
Wyoming	10.7%	3.8%	1.0%	2.8%	3.9%	1.8%	1.3%	Suppressed

“Suppressed” cells indicate that there were fewer than 20 cases in that state for that condition in the year of interest.