



Prevalence of Mental Health Conditions among Active Duty Service Members from 2015-2017: By State

Year 2017

State	Overall Mental Health Conditions	Adjustment Disorders Prevalence	Alcohol Use Disorders Prevalence	Anxiety Disorders Prevalence	Depressive Disorders Prevalence	Insomnia Prevalence	PTSD Prevalence	Substance Use Disorders Prevalence
Alaska	13.4%	5.3%	1.8%	2.5%	2.4%	3.8%	1.4%	0.4%
Alabama	14.7%	4.6%	1.0%	4.6%	3.6%	3.4%	3.5%	0.3%
Arkansas	11.7%	3.2%	1.0%	3.4%	2.3%	1.9%	1.8%	Suppressed
Arizona	12.4%	4.2%	1.2%	3.7%	3.0%	1.7%	1.4%	0.3%
California	11.5%	4.6%	1.7%	3.1%	3.1%	1.7%	1.6%	0.2%
Colorado	14.4%	5.9%	2.1%	3.7%	3.3%	2.6%	1.8%	0.6%
Connecticut	9.3%	2.9%	1.8%	1.8%	2.2%	1.1%	1.0%	Suppressed
District of Columbia	11.4%	4.1%	0.6%	3.1%	2.7%	2.4%	1.7%	Suppressed
Delaware	12.9%	5.0%	0.8%	4.0%	3.0%	1.5%	1.3%	Suppressed
Florida	12.3%	4.5%	1.0%	3.2%	3.1%	2.1%	1.7%	0.2%
Georgia	18.9%	7.5%	2.0%	4.8%	4.2%	3.8%	2.8%	0.6%
Hawaii	13.4%	5.8%	1.8%	2.6%	2.5%	2.5%	1.6%	0.4%
Iowa	11.1%	3.1%	Suppressed	3.7%	3.2%	1.1%	1.9%	Suppressed
Idaho	12.0%	4.3%	1.1%	3.9%	2.4%	1.4%	1.1%	Suppressed
Illinois	20.6%	6.1%	0.9%	4.8%	5.8%	2.0%	2.1%	0.2%
Indiana	15.9%	4.1%	0.9%	5.0%	3.7%	1.9%	2.8%	Suppressed
Kansas	17.6%	7.6%	2.8%	4.2%	4.0%	3.7%	2.0%	0.8%
Kentucky	17.0%	6.7%	2.0%	4.1%	4.1%	4.6%	2.5%	0.6%
Louisiana	17.0%	5.6%	2.0%	4.7%	4.4%	3.6%	2.2%	0.7%
Massachusetts	12.9%	4.3%	0.9%	4.7%	3.8%	1.9%	2.8%	Suppressed

Maryland	15.7%	6.2%	1.2%	4.4%	4.7%	3.0%	2.2%	0.2%
Maine	11.3%	2.6%	Suppressed	3.9%	4.0%	Suppressed	2.8%	Suppressed
Michigan	14.2%	4.0%	0.9%	4.1%	4.1%	2.1%	3.0%	Suppressed
Minnesota	12.6%	3.7%	0.9%	4.8%	3.6%	1.1%	1.3%	Suppressed
Missouri	17.4%	8.3%	1.4%	4.4%	3.1%	2.5%	1.9%	0.4%
Mississippi	11.3%	4.4%	1.0%	3.2%	3.0%	1.3%	1.4%	0.2%
Montana	11.9%	5.4%	0.7%	2.7%	2.4%	1.1%	1.4%	Suppressed
North Carolina	11.5%	3.9%	1.7%	3.1%	2.5%	2.8%	1.3%	0.4%
North Dakota	9.2%	3.0%	1.1%	2.7%	2.5%	0.9%	0.9%	Suppressed
Nebraska	10.6%	4.1%	0.7%	2.7%	2.3%	1.6%	1.1%	Suppressed
New Hampshire	9.4%	2.2%	1.6%	2.7%	2.3%	1.3%	1.5%	Suppressed
New Jersey	13.7%	4.4%	1.3%	3.8%	4.3%	1.8%	2.3%	0.5%
New Mexico	12.5%	5.2%	1.0%	2.9%	3.2%	1.7%	1.3%	Suppressed
Nevada	10.9%	3.9%	0.8%	3.2%	3.0%	4.2%	1.2%	Suppressed
New York	13.2%	5.3%	1.9%	2.8%	3.0%	2.6%	1.8%	0.5%
Ohio	13.5%	4.2%	0.8%	4.1%	4.2%	2.4%	1.9%	Suppressed
Oklahoma	17.5%	7.9%	1.7%	4.0%	4.0%	3.8%	2.8%	0.4%
Oregon	12.3%	3.1%	Suppressed	4.2%	3.4%	1.7%	2.3%	Suppressed
Pennsylvania	12.4%	3.7%	1.0%	3.5%	2.9%	1.3%	2.2%	0.3%
Rhode Island	11.4%	2.4%	0.6%	3.8%	3.7%	2.2%	2.2%	Suppressed
South Carolina	16.8%	6.2%	1.2%	3.9%	4.3%	2.3%	2.0%	0.1%
South Dakota	11.6%	4.5%	1.1%	2.9%	3.4%	1.5%	1.4%	Suppressed
Tennessee	18.4%	5.7%	1.0%	6.0%	5.6%	4.1%	4.3%	Suppressed
Texas	19.4%	8.9%	2.4%	4.8%	4.6%	4.9%	3.7%	0.8%
Utah	16.7%	5.7%	1.0%	6.1%	5.3%	1.9%	2.7%	Suppressed
Virginia	13.3%	5.7%	1.6%	3.4%	3.5%	2.2%	1.7%	0.3%
Vermont	10.3%	3.2%	Suppressed	3.5%	2.5%	Suppressed	Suppressed	Suppressed
Washington	11.3%	4.4%	1.6%	2.2%	2.2%	2.6%	1.4%	0.3%
Wisconsin	13.2%	3.7%	0.9%	4.6%	3.6%	1.4%	3.0%	Suppressed
West Virginia	12.4%	2.6%	Suppressed	3.7%	3.3%	1.2%	2.3%	Suppressed
Wyoming	12.8%	6.0%	0.9%	2.9%	3.5%	2.1%	1.8%	Suppressed

“Suppressed” calls indicate that there were fewer than 20 cases in that state for that condition in the year of interest

Year 2016

State	Overall Mental Health Conditions	Adjustment Disorders Prevalence	Alcohol Use Disorders Prevalence	Anxiety Disorders Prevalence	Depressive Disorders Prevalence	Insomnia Prevalence	PTSD Prevalence	Substance Use Disorders Prevalence
Alaska	14.4%	5.8%	1.5%	2.7%	2.7%	3.8%	2.1%	0.4%
Alabama	15.6%	5.0%	0.7%	5.0%	4.2%	3.7%	3.6%	0.2%
Arkansas	13.4%	3.5%	0.8%	3.9%	3.1%	2.4%	1.7%	0.3%
Arizona	12.6%	4.4%	1.1%	3.8%	3.4%	2.2%	1.7%	0.2%
California	11.0%	4.2%	1.5%	3.1%	3.2%	1.7%	1.6%	0.2%
Colorado	14.7%	5.9%	2.2%	4.1%	3.6%	2.7%	2.0%	0.5%
Connecticut	9.3%	3.5%	1.8%	2.1%	2.4%	1.0%	1.4%	Suppressed
District of Columbia	10.7%	3.6%	0.7%	2.9%	2.8%	2.0%	1.6%	Suppressed
Delaware	10.8%	4.1%	0.7%	3.2%	2.9%	1.8%	1.7%	Suppressed
Florida	11.7%	4.1%	1.0%	3.1%	3.1%	2.1%	1.5%	0.2%
Georgia	18.5%	7.6%	1.4%	5.3%	4.7%	4.1%	3.1%	0.4%
Hawaii	13.6%	5.8%	1.3%	3.0%	2.9%	2.6%	1.9%	0.2%
Iowa	10.9%	4.0%	Suppressed	3.7%	3.6%	1.0%	2.1%	Suppressed
Idaho	10.9%	2.8%	1.3%	3.4%	3.2%	1.6%	1.4%	Suppressed
Illinois	22.2%	6.9%	1.0%	5.3%	6.0%	1.9%	2.4%	0.2%
Indiana	15.2%	4.0%	0.8%	4.7%	4.0%	1.7%	3.0%	Suppressed
Kansas	16.6%	6.7%	2.3%	4.4%	4.1%	3.8%	2.0%	0.7%
Kentucky	18.4%	6.4%	2.0%	4.4%	4.7%	3.6%	2.8%	0.5%
Louisiana	17.2%	5.5%	1.5%	5.1%	5.2%	4.3%	2.3%	0.4%
Massachusetts	13.2%	3.7%	1.0%	4.0%	4.8%	1.7%	3.4%	Suppressed
Maryland	15.9%	6.1%	1.2%	4.3%	4.8%	3.0%	2.3%	0.2%
Maine	8.8%	2.2%	Suppressed	3.7%	Suppressed	Suppressed	1.8%	Suppressed
Michigan	14.0%	4.0%	0.8%	4.6%	4.3%	1.7%	2.7%	Suppressed
Minnesota	11.8%	4.0%	1.0%	4.2%	3.5%	1.0%	1.7%	Suppressed
Missouri	19.3%	8.5%	1.0%	5.4%	4.1%	2.8%	2.5%	0.3%
Mississippi	11.5%	4.6%	1.0%	3.0%	2.9%	1.5%	1.5%	0.2%
Montana	10.8%	4.0%	0.7%	2.4%	2.2%	1.3%	1.3%	Suppressed

North Carolina	11.6%	3.9%	1.8%	3.3%	3.1%	2.9%	1.5%	0.4%
North Dakota	9.0%	3.0%	0.8%	2.2%	2.7%	0.9%	0.9%	Suppressed
Nebraska	10.5%	3.6%	0.7%	2.9%	2.2%	1.9%	1.1%	Suppressed
New Hampshire	9.0%	2.6%	1.1%	2.3%	2.6%	1.1%	1.3%	Suppressed
New Jersey	14.3%	4.2%	0.8%	3.9%	3.8%	1.8%	2.4%	0.8%
New Mexico	11.9%	4.7%	1.0%	3.1%	3.3%	1.9%	1.2%	Suppressed
Nevada	11.3%	4.5%	0.7%	2.8%	2.7%	4.8%	1.4%	Suppressed
New York	14.1%	6.2%	1.8%	2.9%	3.3%	2.4%	2.0%	0.4%
Ohio	13.3%	4.1%	0.7%	4.0%	4.0%	2.0%	1.6%	Suppressed
Oklahoma	18.2%	8.1%	1.7%	4.5%	4.8%	4.1%	3.4%	0.5%
Oregon	13.3%	3.6%	1.0%	4.1%	4.2%	1.8%	2.5%	Suppressed
Pennsylvania	12.5%	3.9%	0.8%	3.9%	3.2%	1.6%	2.2%	0.3%
Rhode Island	10.2%	2.3%	0.6%	3.3%	3.5%	2.0%	2.3%	Suppressed
South Carolina	16.4%	6.1%	1.1%	4.1%	5.0%	2.5%	2.3%	0.2%
South Dakota	12.2%	5.8%	1.1%	3.5%	3.1%	1.8%	1.4%	Suppressed
Tennessee	16.2%	4.9%	1.2%	4.8%	4.8%	3.0%	3.4%	Suppressed
Texas	19.6%	8.9%	2.4%	4.8%	4.8%	5.1%	4.0%	0.7%
Utah	15.8%	4.9%	1.1%	6.0%	4.4%	2.4%	2.1%	Suppressed
Virginia	12.7%	5.4%	1.4%	3.4%	3.5%	2.2%	1.6%	0.3%
Vermont	10.0%	3.9%	Suppressed	3.1%	Suppressed	Suppressed	Suppressed	Suppressed
Washington	13.7%	5.7%	1.8%	2.9%	2.7%	3.2%	1.8%	0.3%
Wisconsin	13.3%	3.4%	1.3%	4.6%	3.8%	1.4%	3.3%	Suppressed
West Virginia	11.3%	2.5%	Suppressed	3.5%	3.2%	1.6%	2.1%	Suppressed
Wyoming	12.2%	5.8%	0.7%	2.9%	3.3%	2.6%	1.6%	Suppressed

“Suppressed” calls indicate that there were fewer than 20 cases in that state for that condition in the year of interest

Year 2015

State	Overall Mental Health Conditions	Adjustment Disorders Prevalence	Alcohol Use Disorders Prevalence	Anxiety Disorders Prevalence	Depressive Disorders Prevalence	Insomnia Prevalence	PTSD Prevalence	Substance Use Disorders Prevalence
Alaska	14.9%	5.9%	1.5%	3.2%	3.6%	3.7%	2.6%	0.4%
Alabama	15.5%	4.7%	0.8%	5.1%	4.5%	3.1%	3.8%	0.2%
Arkansas	15.1%	3.9%	0.7%	4.0%	3.5%	2.5%	1.8%	Suppressed
Arizona	12.7%	3.7%	1.0%	3.6%	3.5%	1.9%	1.6%	0.2%
California	10.6%	3.6%	1.4%	2.9%	3.0%	1.5%	1.6%	0.2%
Colorado	15.3%	5.5%	2.3%	4.2%	3.8%	2.4%	2.0%	0.6%
Connecticut	11.1%	4.1%	1.9%	2.4%	3.0%	1.2%	1.2%	0.5%
District of Columbia	10.3%	3.0%	0.6%	3.1%	2.9%	1.9%	1.6%	0.1%
Delaware	12.2%	4.1%	0.9%	3.9%	3.9%	1.5%	1.9%	Suppressed
Florida	11.4%	3.6%	1.0%	2.9%	3.1%	1.8%	1.5%	0.2%
Georgia	19.6%	7.5%	1.3%	5.5%	5.0%	3.5%	3.4%	0.3%
Hawaii	13.8%	5.1%	1.0%	3.3%	3.0%	2.4%	1.9%	0.2%
Iowa	12.4%	4.4%	Suppressed	4.2%	4.0%	Suppressed	1.9%	Suppressed
Idaho	11.2%	2.9%	1.2%	2.7%	3.4%	1.4%	1.6%	Suppressed
Illinois	21.4%	6.1%	1.0%	5.1%	6.3%	1.8%	2.4%	0.2%
Indiana	15.9%	4.0%	0.9%	4.4%	4.8%	2.3%	3.7%	Suppressed
Kansas	17.7%	6.9%	2.4%	4.3%	4.1%	3.5%	2.1%	0.7%
Kentucky	19.6%	6.4%	2.0%	4.6%	5.2%	3.1%	3.1%	0.5%
Louisiana	17.1%	5.9%	1.2%	5.9%	5.6%	3.1%	2.2%	0.4%
Massachusetts	14.1%	3.9%	1.3%	4.5%	5.1%	1.8%	3.3%	Suppressed
Maryland	16.5%	5.6%	1.2%	4.4%	4.9%	2.8%	2.3%	0.4%
Maine	11.8%	3.4%	Suppressed	3.8%	3.1%	Suppressed	2.8%	Suppressed
Michigan	15.5%	4.1%	1.1%	4.2%	5.0%	1.6%	3.0%	Suppressed
Minnesota	12.6%	4.4%	0.8%	4.4%	4.2%	1.3%	2.1%	Suppressed
Missouri	18.6%	6.5%	0.9%	5.7%	4.3%	2.7%	2.5%	0.2%
Mississippi	11.5%	4.3%	0.9%	3.0%	2.9%	1.4%	1.5%	0.2%
Montana	11.7%	3.4%	0.8%	2.1%	3.1%	1.4%	1.3%	Suppressed

North Carolina	12.2%	3.8%	1.7%	3.4%	3.3%	2.4%	1.5%	0.3%
North Dakota	8.3%	2.6%	0.8%	2.2%	2.6%	1.0%	0.9%	Suppressed
Nebraska	10.3%	3.5%	0.6%	3.0%	2.8%	1.6%	1.1%	Suppressed
New Hampshire	8.9%	2.1%	Suppressed	1.8%	2.0%	Suppressed	1.4%	Suppressed
New Jersey	12.2%	2.6%	0.7%	3.3%	3.5%	1.2%	2.1%	1.2%
New Mexico	12.1%	4.7%	0.9%	3.3%	3.6%	1.7%	1.3%	0.1%
Nevada	11.7%	4.4%	1.0%	3.1%	3.2%	4.9%	1.3%	0.2%
New York	14.9%	7.0%	1.8%	3.5%	3.5%	2.3%	2.2%	0.5%
Ohio	13.1%	3.9%	0.8%	3.8%	4.0%	1.9%	2.0%	Suppressed
Oklahoma	18.5%	7.5%	1.8%	4.7%	5.5%	3.3%	3.3%	0.6%
Oregon	12.0%	3.7%	0.8%	3.2%	3.9%	1.3%	1.9%	Suppressed
Pennsylvania	12.6%	3.6%	1.0%	3.9%	3.5%	1.8%	2.1%	0.3%
Rhode Island	9.5%	2.2%	0.7%	3.3%	3.1%	1.8%	1.8%	Suppressed
South Carolina	16.1%	5.5%	1.2%	4.2%	5.1%	2.5%	2.4%	0.3%
South Dakota	13.0%	6.0%	1.0%	3.2%	3.3%	1.8%	1.2%	Suppressed
Tennessee	13.8%	3.8%	0.6%	3.8%	4.1%	1.7%	3.0%	Suppressed
Texas	21.1%	8.5%	2.6%	5.2%	5.7%	4.6%	4.5%	1.1%
Utah	15.7%	4.3%	1.0%	5.8%	4.3%	2.1%	2.1%	Suppressed
Virginia	12.6%	4.7%	1.5%	3.3%	3.6%	1.7%	1.6%	0.3%
Vermont	8.4%	2.7%	Suppressed	2.6%	2.6%	Suppressed	Suppressed	Suppressed
Washington	14.9%	5.4%	1.8%	3.3%	3.1%	3.0%	1.9%	0.3%
Wisconsin	13.5%	3.9%	1.2%	4.2%	4.1%	1.2%	3.2%	Suppressed
West Virginia	11.1%	2.8%	Suppressed	3.3%	3.2%	1.5%	2.2%	Suppressed
Wyoming	11.0%	3.7%	0.8%	2.8%	3.2%	1.9%	1.2%	Suppressed

“Suppressed” calls indicate that there were fewer than 20 cases in that state for that condition in the year of interest