



DoD IMPLEMENTATION SCIENCE MONTHLY

April 2018

Prepared by the Psychological Health Center of Excellence

Informing a community of behavioral health providers who lead the rapid translation of research findings into routine clinical practice

Resources of the Month

Designing for Dissemination (D4D)

This is an interactive tool created by the University of Colorado Department of Family Medicine that supports providers in creating an intervention with greater potential for uptake and use by their target audience(s). It will guide you in building a plan to develop, implement, and evaluate your project, and will also provide coaching tips and links to resources that will help you be successful in disseminating the intervention.

Diagnosing Apnea with Sleep Studies

Episode 6 of "A Better Night's Sleep," a new Defense Health Agency (DHA) podcast featuring Military Health System experts, explains the predictors of sleep apnea and how a sleep study can help diagnose the disorder. You will also learn what patients can expect from a sleep study in a lab or in their own homes. Up next: Episode 7 will address sleep apnea treatments.

Featured Articles

A Randomized Matched-Pairs Study of Feasibility, Acceptability, and Effectiveness of Systems Consultation: A Novel Implementation Strategy for Adopting Clinical Practice Guidelines for Opioid Prescribing in Primary Care

Clinical practice guidelines (CPGs) exist for opioid prescribing, however, they have not been widely implemented even though opioid abuse has reached epidemic levels. This paper reports on the feasibility, acceptability, and effectiveness of an innovative implementation strategy, called systems consultation, which aims to improve adherence to CPGs for opioid prescribing in primary care by blending implementation strategies and offering various approaches to improve uptake.

Mind the Gap: Approaches to Addressing the Research-to-Practice, Practice-to-Research Chasm

The field of translation science has primarily addressed the research-to-practice gap while the practice-to-research gap remains far less developed. This article proposes a novel approach to the integration of research and practice by developing and promoting scholar-practitioners and focusing on practice-based research.

Featured articles are available on the Practice-Based Implementation (PBI) Network's max.gov website. For access to the max.gov site, please send an email to usarmy.dhcc-pbi-network@mail.mil.

Action Items

National VA/DoD Women's Mental Health Mini-Residency: Building Clinical Expertise to Meet Women's Unique Treatment Needs

This three-day mini-residency will provide VA and DoD mental health providers with clinical knowledge and skills to deliver gender-sensitive care to women veterans and service members, and to develop a community of practice. It includes a blend of clinical demonstrations and role plays, didactic sessions, and small group, case-based, expert-facilitated discussions. Participants will develop strategies and action plans to disseminate best practices for gender-sensitive mental health care to providers and leadership at their local facilities. It is free for VA and DoD providers, and 19 hours of credit are available for participation. Spaces are limited, so if you are a DoD provider interested in attending, please email the PHCoE Women's Mental Health Mini-Residency Team.

DHA Connected Health Workshop

The Defense Health Agency will host its next DoD Mobile Health Provider Training Workshop on May 24, 2018, providing free, in-person instruction at the U.S. Army Health Clinic, Schofield Barracks, Hawaii. The workshop offers seven CEUs and teaches military providers how to integrate mobile health into clinical care. Space is limited to 50 participants to allow for more interactivity. Reserve your spot by contacting Lisa Hutchins at lisa.r.hutchins.ctr@mail.mil.

Call for Papers

The [Psychiatric Rehabilitation Journal](#) is soliciting papers for a special issue devoted to the topic of advances in psychiatric rehabilitation in the Department of Veterans Affairs (VA) and other agencies serving veterans. Manuscripts on rehabilitation practices, treatment studies, and the implementation and evaluation of rehabilitation training and practice efforts are encouraged. The submission deadline is June 15, 2018.

American Psychiatric Association's Annual Meeting May 5-19 in New York, NY

This annual conference brings together mental health professionals, including practicing, administrative, and consultative psychiatrists, researchers, educators, residents, and students from across the United States and over 50 other countries to learn from renowned leaders, discover new scientific advancements and technologies, and connect with peers.

Society for Prevention Research 26th Annual Meeting

May 29-June 1 in Washington, D.C.
The SPR Annual Meeting provides a forum for communication between researchers, policy leaders and practitioners regarding the implementation of evidence-based preventive interventions in all areas of public health. You will have the opportunity to network with over 800 professionals from around the world about this year's theme: "Optimizing the Relevance of Prevention Science to Systems."

Contact the PHCoE IS Team
Learn about the PBI Network
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