



# DoD IMPLEMENTATION SCIENCE MONTHLY

February 2018

Prepared by the Psychological Health Center of Excellence

*Informing a community of behavioral health providers who lead the rapid translation of research findings into routine clinical practice*

## Resources/Tips of the Month

### Clinical Support Tools for Opioid Therapy

PHCoE developed support tools for providers and patients to manage the various aspects of opioid therapy for chronic pain. They include information and recommendations on proper opioid therapy procedures and recognizing and responding to opioid misuse.

### New Podcasts to Support Behavioral Health Care

The DHA has launched three new podcasts that feature tips, tools and techniques for improving the health and well-being of service members, veterans and their families. The "Next Generation Behavioral Health" series provides tips for clinicians on integrating mobile apps and other health technology into clinical care. "A Better Night's Sleep" and "Military Meditation Coach" can benefit anyone in the larger behavioral health community.

## Featured Article

### An Overview of Research and Evaluation Designs for Dissemination and Implementation

This article, a product of a design work group formed by the National Institutes of Health (NIH) to address dissemination and implementation (D&I) research, presents a review of D&I designs used to evaluate and improve health systems and outcomes. It builds on existing efficacy and effectiveness trials to examine how one or more evidence-based clinical/prevention interventions are adopted, scaled up, and sustained in community or service delivery systems.

*Featured articles are available on the Practice-Based Implementation (PBI) Network's max.gov website. For access to the max.gov site, please send an email to [usarmy.dhcc-pbi-network@mail.mil](mailto:usarmy.dhcc-pbi-network@mail.mil).*

## Action Items

### New PBI Network 2018 Pilot Selected

The Behavioral Health Clinical Community – a work group consisting of Defense Health Agency (DHA) and DoD leadership and the directors of psychological health for the services – has selected STRONG STAR Training Initiative to be implemented at select sites throughout the Military Health System by the PBI Network team in 2018. STRONG STAR will apply a learning collaborative methodology to develop trauma specialists at each clinic site, strengthening the utilization of cognitive processing therapy (CPT) for posttraumatic stress disorder (PTSD) among psychological health providers. The PBI Network team has started the planning and development process to begin rolling out the pilot in the spring.

### Tri-Service Buprenorphine Webinar Waiver Training

PHCoE will hold the first of four Tri-Service Buprenorphine Webinar Waiver Trainings in collaboration with the Substance Abuse and Mental Health Services Administration (SAMHSA) on March 6, 2018. The trainings include an overview of opioids and opioid use disorder patients and an introduction to Buprenorphine, including confidentiality and urine drug testing, special populations, evaluation and clinical uses. It is **free of charge**, provides 8 hours of training necessary to apply for the Drug Enforcement Administration (DEA) waiver, and is designated 5 AMA PRA Category 1 Credits™. For more information and to register, contact [usarmy.ncr.medcom-usamrmc-dcoe.mbx.dcoe-sud-support@mail.mil](mailto:usarmy.ncr.medcom-usamrmc-dcoe.mbx.dcoe-sud-support@mail.mil).

## Research News

The Military Health System Research Symposium (MHSRS) Call for Abstracts is open through March 16, 2018. MHSRS is DoD's premier scientific meeting and addresses the unique medical needs of service members. It brings together over 2000 DoD scientists, academics, health care providers, and industry professionals to share the latest in research advancements. Visit the [MHSRS website](#) for more information.

### Society of Behavioral Medicine's 39<sup>th</sup> Annual Meeting & Scientific Sessions April 11-14 in New Orleans, LA

SBM is the leading multidisciplinary behavioral medicine conference and focuses on translating research into policy and practice. Join over 2000 professionals from around the world in exchanging ideas to improve health through behavior change.

### American Medical Informatics Association's 2018 Clinical Informatics Conference May 8-10 in Scottsdale, AZ

This annual conference brings together clinicians, data scientists, researchers, developers, and other users of health information technology (HIT) so they can share and learn about implementing team-based, integrated health care driven by data, evidence, and best practices to improve health outcomes.