



# DoD IMPLEMENTATION SCIENCE MONTHLY

October 2017

Prepared by the Deployment Health Clinical Center

*Informing a community of behavioral health providers who lead the rapid translation of research findings into routine clinical practice*

## Resources/Tips of the Month

### Overcoming Implementation Challenges

The Substance Abuse and Mental Health Services Administration (SAMHSA) Learning Center provides strategies, guides and tools to assist in implementing evidence-based programs in real-world settings.

### Writing Implementation Research Grant Proposals: Ten Key Ingredients

This article discusses 10 must-have ingredients for drafting a successful research grant proposal in the dissemination and implementation field. Each ingredient includes examples of how background information and data strengthen the application.

## Featured Articles

### Psychometric Assessment of Three Newly Developed Implementation Outcome Measures

Monitoring and evaluation efforts are essential for the success of implementation efforts. This study developed and assessed three new measures: Acceptability of Intervention Measure (AIM), Intervention Appropriateness Measure (IAM), and Feasibility of Intervention Measure (FIM).

### Developing a Comprehensive Definition of Sustainability

Understanding sustainability is a significant challenge for implementation science due to an inconsistent definition across research studies and programs. This study aimed to develop a comprehensive definition for sustainability based on the definitions used in existing literature.

*Featured articles are available on the Department of Defense (DoD) Practice-Based Implementation (PBI) Network's max.gov website. For access to the max.gov site, please send an email to [usarmy.dhcc-pbi-network@mail.mil](mailto:usarmy.dhcc-pbi-network@mail.mil).*

## Action Items

### S.T.O.P. P.A.I.N.

The Department of Veterans Affairs (VA) has launched its top eight best practices for balancing pain management and opioid prescribing for dissemination throughout the government and the health care industry.

### The Practice-Based Implementation Network Call for Proposals has Closed

For fiscal year 2018, the VA and the PBI Network put out a call for practice change proposals that promote evidence-based interventions, promising practices, programs, policies or fiscal plans that support the psychological health of service members, veterans, and/or their families and that can be implemented and sustained within the Military Health System (MHS). The PBI Network solicited high quality proposals for review and selection to be translated and implemented in DoD clinical settings. A pilot of the practice change initiative will be implemented at a small number of clinical sites around the world prior to consideration for broader dissemination throughout the MHS in 2018. The submission window closed Oct. 12, 2017.

## Recent DHCC Scientific Presentations

### DCoE Summit – Advances in the State of Science and Best Practices

The Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) Summit was held Sept. 19-21. The virtual event connected health care professionals, researchers and academicians involved in all aspects of psychological health and TBI care for the military community. For those who missed the summit, on demand access to video recordings of conference sessions and the opportunity to earn up to 28 free CE credits will open Nov. 6.

### American Psychological Association (APA) Convention in Washington, D.C.

DHCC presented at the annual APA Convention in August. Topics included:

- *Innovative Psychological Health Practice Change Dissemination: DoD/VA Implementation Science Efforts*
- *Mental Health Care for Service Members across the Globe*
- *Integrating Screening, Brief Intervention and Referral to Treatment (SBIRT) in Diverse Health Care Settings*
- *Management of Major Depressive Disorder – A Guideline Perspective*

### 10<sup>th</sup> Annual Conference on the Science of Dissemination and Implementation in Health Dec. 4-5, 2017

Connect with peers to address priorities in the field, grow the research base, and ensure that evidence is used to inform decisions that will improve health and health care.

**Learn more**

### Society for Implementation Research Collaboration (SIRC)

Dr. Kate McGraw, DHCC deputy director, presented the Practice-Based Implementation Network within "Dissemination and Implementation of Evidence Based Practices in Military Settings: Three Approaches from Policy and Intermediary Perspectives" at SIRC's 4th Biennial Conference at the University of Washington Sept. 8-9.

*Presentation materials and information are available on the PBI Network's max.gov site.*

Contact the DHCC IS Team  
Learn about the PBI Network  
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