



# DoD IMPLEMENTATION SCIENCE MONTHLY

June 2018

Prepared by the Psychological Health Center of Excellence

*Informing a community of behavioral health providers who lead the rapid translation of research findings into routine clinical practice*

## Resources of the Month

### RE-AIM

RE-AIM is a framework designed to enhance the quality, speed, and health impact of efforts to translate research into practice in five steps. This website explains the RE-AIM framework and provides resources to practitioners that may assist them with the implementation of clinical practices.

### Restless Leg Syndrome and Sleep

Episode 10 of "A Better Night's Sleep," a Defense Health Agency (DHA) podcast featuring Military Health System experts, explains that creepy-crawly feeling or urge to move before falling asleep and a few treatment options to improve restless leg syndrome. In Episode 11, the experts answer listeners' questions about continuous positive airway pressure (CPAP) machines, sleeping positions, and mattress-buying considerations.



## Featured Articles

### **Building Capacity for Evidence-Based Public Health: Reconciling the Pulls of Practice and the Push of Research**

As timely implementation of evidence-based public health (EBPH) is vital for bridging the gap between the discovery of new knowledge and its application, it is also critical that organizations have sufficient capacity to move science to practice. This article reviews the principles of EBPH, the importance of capacity building to advance evidence-based approaches, promising approaches for capacity building, and future areas for research and practice.

### **Developing Measures to Assess Constructs From the Inner Setting Domain of the Consolidated Framework for Implementation Research**

Reliable, valid measures of contextual factors that influence implementation are required for effectiveness, however, there are few measures available that demonstrate reliability or validity. This study describes the development and assessment of the psychometric properties of measures of several constructs within the Inner Setting domain of the Consolidated Framework for Implementation Research (CFIR).

*Featured articles are available on the Practice-Based Implementation (PBI) Network's max.gov website. For access to the max.gov site, please send an email to [dha.ncr.j-9.mbx.phcoe-pbi-network@mail.mil](mailto:dha.ncr.j-9.mbx.phcoe-pbi-network@mail.mil).*

## Action Items

### **Tri-Service Buprenorphine Webinar Waiver Training**

PHCoE will hold the Tri-Service Buprenorphine Webinar Waiver Trainings in collaboration with the Substance Abuse and Mental Health Services Administration (SAMHSA) on Sept. 5 and Dec. 5, 2018. The trainings include an overview of opioids, patients with opioid use disorder, and an introduction to buprenorphine, including confidentiality and urine drug testing, special populations, evaluation and clinical uses. **It is free of charge, provides 8 hours of training necessary to apply for the Drug Enforcement Administration (DEA) waiver, and is designated 5 AMA PRA Category 1 Credits™.** For more information and to register, contact [dha.ncr.j-9.mbx.phcoe-sud-support@mail.mil](mailto:dha.ncr.j-9.mbx.phcoe-sud-support@mail.mil).

### **DHA Connected Health Workshops**

The Defense Health Agency hosts DoD Mobile Health Provider Training workshops to provide free in-person instruction to military providers on how to integrate mobile health into clinical care. The workshops provide CEUs and CMEs. As explained in this [video](#), participants learn about the research behind the apps, practice connected health strategies, and explore security, privacy and ethical issues – immediately equipping them to integrate DoD apps and websites into care. Email Lisa Hutchins at [lisa.r.hutchins\\_ctr@mail.mil](mailto:lisa.r.hutchins_ctr@mail.mil) to obtain dates and locations of the fiscal year 2019 workshop schedule. Space is limited to 50 participants in each workshop to allow for more interactivity.

## Call for Papers

The *Journal of Consulting and Clinical Psychology* is currently calling for papers for its special edition *Responding to the Opioid Crisis: Perspectives, Challenges, and Directions*. This special edition aims to facilitate effective responses to the rapidly growing crisis by shedding light on the critical issues, identifying gaps in the knowledge base, and enhancing psychological health professionals' ability to provide effective and compassionate care to those affected by the epidemic. The submission deadline is Aug. 3, 2018.

### **2018 American Indian and Alaska Native National Behavioral Health Conference**

**July 25-27 in Washington, D.C.**

This premier conference attracts over 500 Tribal behavioral health experts, public health professionals, federal employees, advocates, researchers and community-based providers. This year's conference theme, "Promoting Connections Between Culture and Purpose," will provide evidenced-based, best, wise, or promising behavioral health practices developed in and for American Indian and Alaska Native communities.

### **126th American Psychological Association Convention**

**Aug. 9-12 in San Francisco, CA**

This annual convention is a premier event for psychology and provides four days of learning, innovation and community. Attendees can participate in engaging sessions with leaders in the field, find new career opportunities, and attend buzzworthy events. Register by June 30 and save up to 20 percent!

Contact the PHCoE IS Team  
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