The DoD inTransition program is a voluntary and confidential program designed to ensure support to active duty service members, National Guard members, and reservists with psychological health needs as they move between health care systems.
inTransition bridges potential gaps during a service member’s transition to a new medical care facility, a new geographic location or into a new health care system.

inTRANSITION PROVIDES

- Assistance with referrals and follow-up with new providers to ensure effective continuity of care for service members, National Guard members, and reservists
- Information for service members about their mental health care and how to successfully change providers at the time of transfer or discharge
- A designated Transitional Support Coach, available by phone, who is a master’s-level, licensed behavioral health clinician
- Support for service member’s mental health and wellness through the coach’s use of motivational interviewing, readiness and action planning to identify and address challenges
- Information about local community resources, support groups, healthy lifestyle options, benefit enrollment and other health resources
- Toll-free program access and additional program information at pdhealth.mil/intransition

The ability to connect with inTransition by phone or e-mail makes the program readily available to service members regardless of where they are located.
Service members with any category of discharge qualify to use the *inTransition* program.

**HOW DOES IT WORK?**

All service members leaving military service who have received care for mental health within one year of their separations will be automatically enrolled in the *inTransition* program, and may decline participation at any time.

The most effective and efficient enrollment method is for providers to call the *inTransition* program to initiate intake procedures during the last treatment encounter with the service member.

In the absence of direct enrollment facilitated by a DoD provider, DoD will provide service member names and contact information to the *inTransition* program for the purpose of making contact via phone call to complete program enrollment. Service members may accept services or opt out of the program during this intake phone call.

*The *inTransition* program does not receive a patient’s medical record or store any protected health information.*

For more information about the program, ask your provider, visit [pdhealth.mil/intransition](http://pdhealth.mil/intransition) or call:

**800-424-7877** Inside the U.S.

**800-424-4685** Outside the U.S. toll-free

**314-387-4700** Outside the U.S. collect
PROVIDERS
Let us help make their transition easier.

Transitions in military service can be challenging. Any transition — be it a call to active duty, relocation or other events — can take its toll. If a service member is presented with such a transition challenge while in mental health treatment, he or she may need extra support. Get your military patients the resources they need through the inTransition program.

Referrals only take a few minutes; you will be asked to provide the following essential information to inTransition:

- Service member’s name
- Complete contact information (home/cell number and email address)
- Service member’s destination or discharge status (e.g. permanent change of station destination, discharge from active duty, etc.)
- Mental health diagnosis or condition(s) under treatment

Visit our website to learn more about the program and enrollment at pdhealth.mil/intransition.

Released January 2019 by the Psychological Health Center of Excellence. This product is reviewed annually and is current until superseded. 301-295-7681 • pdhealth.mil