

# *inTransition*

CONNECTING • COACHING • EMPOWERING

**800-424-7877**

**[pdhealth.mil/intransition](http://pdhealth.mil/intransition)**

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InTransition provides a bridge for potential gaps during a service member's transition to a new medical care facility, a new geographic location or into a new health care system.

The ability to connect with inTransition by phone 24 hours a day, 7 days a week, 365 days a year makes the program readily available to service members regardless of where they are located.

For more information about the program, ask your provider, visit ***pdhealth.mil/intransition*** or call:



**800-424-7877**

Inside the United States

**800-424-4685 (DSN)**

Outside the United States toll-free

**314-387-4700**

Outside the United States collect

**Your coach's number:** \_\_\_\_\_

Providers can go to [pdhealth.mil/resource-center/intransition/providers](https://pdhealth.mil/resource-center/intransition/providers) to find the Health Affairs policy, FAQs, as well as downloadable communication materials.

Psychological Health  
Center of Excellence  
[pdhealth.mil](https://pdhealth.mil)



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